

GEORGE APOSTOLOPOULOS

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Chapter I PROBLEMS

351. Let a, b and c be the lengths of the sides of a triangle with inradius r . Prove that:

$$\frac{a^3}{(a-b-c)^2} + \frac{b^3}{(a-b+c)^2} + \frac{c^3}{(a+b-c)^2} \geq 6\sqrt{3}r.$$

George Apostolopoulos

352. Prove that in any ABC triangle the following relationship is true:

$$a^{2+\sqrt{3}} + b^{2+\sqrt{3}} + c^{2+\sqrt{3}} \geq 3 \cdot (2r\sqrt{3})^{2+\sqrt{3}}.$$

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353. Let a, b, c be the lengths of the sides of a triangle ABC with circumradius R . Prove that:

$$\frac{1}{(a+b)(b+c)} + \frac{1}{(b+c)(c+a)} + \frac{1}{(c+a)(a+b)} \geq \frac{1}{4R^2}.$$

George Apostolopoulos

354. Prove that in any ABC triangle the following relationship is true:

$$a^6 + b^6 + c^6 \geq 81 \cdot (2r)^6.$$

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355. Let ABC be a triangle with $\sphericalangle C = 2\sphericalangle B$. On side BC consider a point D such that $\sphericalangle BAD = \frac{1}{4} \sphericalangle C$. Prove that:

$$\text{a. } BD = \frac{AB \cdot AC}{AB + AC};$$

$$\text{b. } \frac{\cos C}{\cos B} \geq \frac{\cot C}{\cot B}.$$

George Apostolopoulos

356. Prove that in any ΔABC the following relationship is true:

$$\frac{1}{\sqrt{\sin A}} + \frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \leq \frac{a^2 + b^2 + c^2 + 3}{2\sqrt{2}F}.$$

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357. Let R, r, r_a, r_b, r_c represent the circumradius, inradius and exradii, respectively, of ΔABC . Prove that:

$$\text{a. } \left(1 + \cot \frac{A}{2}\right) \left(1 + \cot \frac{B}{2}\right) \left(1 + \cot \frac{C}{2}\right) \geq \left(1 + 2\sqrt{3} \frac{r}{R}\right)^3;$$

$$\text{b. } \left(1 + \frac{1}{r_a}\right) \left(1 + \frac{1}{r_b}\right) \left(1 + \frac{1}{r_c}\right) \geq \left(1 + \frac{2}{3R}\right)^3.$$

George Apostolopoulos

358. Prove that in any $\triangle ABC$ the following relationship is true:

$$\sum (\sqrt[3]{a} + \sqrt[3]{b} - \sqrt[3]{c})^3 \geq \sqrt[3]{3a} + \sqrt[3]{3b} + \sqrt[3]{3c} - 2.$$

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359. For an acute triangle ABC and a positive integer n , prove that:

$$\left(\sum (\sin A \sin B \sin C)^{\frac{1}{n}} \right)^n \leq \frac{3^{n+1}}{8},$$

where the sum is over all cyclic permutations of (A, B, C) .

George Apostolopoulos

360. Prove that if $m, n \in \mathbb{N}^*$ then in any triangle the following relationship holds:

$$2R \sum w_a^{m+1} (w_a^{2n} - w_a^n + 1) \geq \frac{(ab + bc + ca)^{m+n+1}}{(6R)^{m+n}}.$$

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361. Let ABC be a triangle. Prove that:

$$\left(1 + \sec \frac{A}{2}\right)^{\csc^{-3}\frac{A}{2}} \cdot \left(1 + \sec \frac{B}{2}\right)^{\csc^{-3}\frac{B}{2}} \cdot \left(1 + \sec \frac{C}{2}\right)^{\csc^{-3}\frac{C}{2}} \geq \left(5 + \frac{26\sqrt{3}}{9}\right)^{\frac{1}{8}}.$$

George Apostolopoulos

362. Prove that in any $\triangle ABC$ the following relationship holds:

$$\sum m_a h_a w_a \geq \sin A \sin B \sin C \left(\frac{b^2 c^2}{a} + \frac{c^2 a^2}{b} + \frac{a^2 b^2}{c} \right).$$

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363. Let ABC be a triangle. Prove that:

$$\left(1 + \sec \frac{A}{2}\right)^{8 \sin^3 \frac{A}{2}} \cdot \left(1 + \sec \frac{B}{2}\right)^{8 \sin^3 \frac{B}{2}} \cdot 2 \cdot \left(1 + \sec \frac{C}{2}\right)^{8 \sin^3 \frac{C}{2}} \geq 5 + \frac{26}{9} \sqrt{3}.$$

George Apostolopoulos

364. Prove that in any $\triangle ABC$ the following relationship holds:

$$\cos \frac{A}{2} + \cos \frac{B}{2} + \cos \frac{C}{2} > \frac{1}{2R} (m_a + m_b + m_c).$$

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365. Let P be an arbitrary point inside a triangle ABC . Let a, b and c be the distances from P to the side BC, AC and AB , respectively. Prove that:

$$\frac{(\sqrt{a} + \sqrt{b} + \sqrt{c})^4}{\sin^4 A + \sin^4 B + \sin^4 C} \leq 12R^2,$$

where R denotes the circumradius of ABC .

When does the equality occur?

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366. Prove that in ABC triangle the following relationship holds:

$$\sum m_a \left(|\sin B| \sqrt{1 + \cos^2 B} + |\cos B| \sqrt{1 + \sin^2 B} \right) < 2s\sqrt{3}.$$

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367. Let ABC be a given triangle, and let M, N be the interior points on the side BC such that $BM = CN$. Prove that:

$$\frac{1}{AM} + \frac{1}{AN} > \frac{4}{AB + AC}.$$

George Apostolopoulos

368. Prove that in any ABC triangle the following relationship holds:

$$\sqrt{m_a} + \sqrt{m_b} + \sqrt{m_c} \geq \sqrt{m_a + m_b + m_c + 6\sqrt[3]{h_a h_b h_c}}.$$

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369. Let ABC be a given triangle, and let M, N be the interior points on the side BC such that $BM = NC$. Prove that:

$$\frac{AC^2}{AM} + \frac{AB^2}{AN} > BC.$$

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370. Prove that in any $\triangle ABC$ the following relationship holds:

$$\sum \sqrt{a + b - c} \geq \sqrt{2p + 12\sqrt[3]{rF}}.$$

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371. In an acute triangle ABC heights AA_1, BB_1 , and CC_1 are drawn. Let H be the intersection point of heights. Prove that:

$$\frac{AH}{HA_1} + \frac{BH}{HB_1} + \frac{CH}{HC_1} \geq \sec A + \sec B + \sec C.$$

George Apostolopoulos

372. Prove that in any ABC triangle the following relationship holds:

$$\frac{b^4 c^7}{a^{12}} + \frac{c^4 a^7}{b^{12}} + \frac{a^4 b^7}{c^{12}} \geq \frac{\sqrt{3}}{R}.$$

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373. Let ABC be an acute triangle with inradius r and circumradius R . Prove that:

$$\frac{(\sec A)^{\frac{1}{\sec A}} + (\sec B)^{\frac{1}{\sec B}} + (\sec C)^{\frac{1}{\sec C}}}{\sec A + \sec B + \sec C} < \frac{5R - r}{12r}.$$

George Apostolopoulos

374. Prove that in any ABC triangle the following relationship holds:

$$(m_a^2 + m_a m_b + m_b^2)(m_b^2 + m_b m_c + m_c^2)(m_c^2 + m_c m_a + m_a^2) \geq \left(\frac{9r_a r_b r_c}{r_a + r_b + r_c} \right)^3.$$

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